



Helper travel criteria

(Reviewed 25 Sept 2021)

For a helper to participate in a ski week outside of the UK with Snow Buddies they must meet the criteria below.

1. Ski ability.

- Helpers must be competent red run skiers confident when skiing in adverse conditions (whiteouts).
- Have a good understanding of mountain safety and accident procedures.

2. Travel.

Except for those self-driving to resort. Be available to help with luggage and equipment at:-

- Airports
- Coach transfers
- The hotel

3. In the hotel

- Assisting as required in the hotel most critically at meal times.

4. Out Skiing

- Assisting as required all day when out skiing, providing help with lunch and coffee/hot chocolate breaks during the day.

5. Adaptive skiing

- Have an interest in disability and adaptive skiing.

4. Social.

- Maybe most importantly all helpers must have a sense of humour and be willing to mix socially with the whole group.